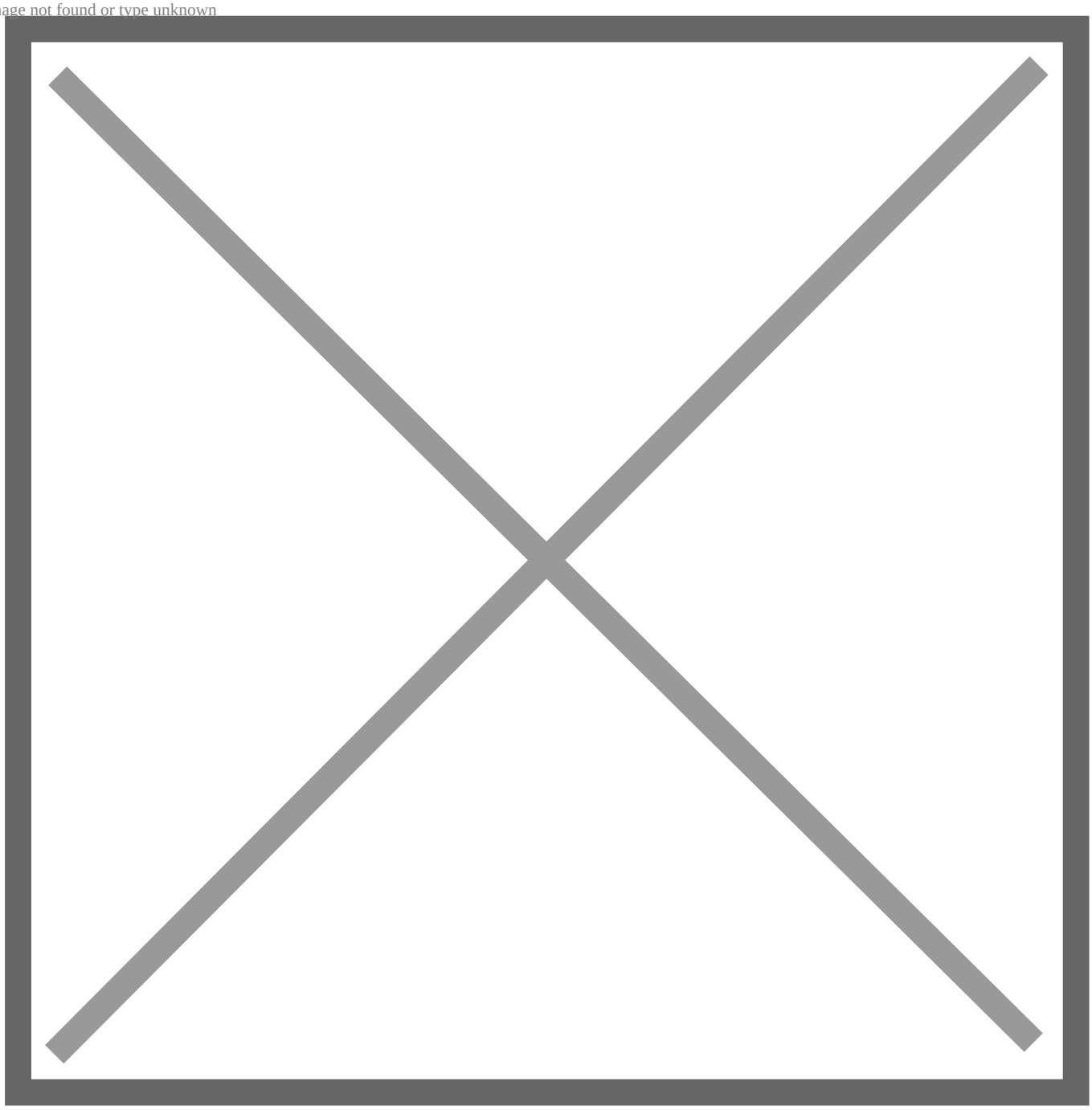
Tsum valley trek-16 days

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Trip Facts

Duration:	Elevation:	Per Day Hiking:	Accomodation:	Trip Grade:	Group Size:
16 Days	3700m	5-6 hours	Hotel & Guest house	moderate	2-20 max

Overview

Tsum valley trek is the standout amongst the most amazing treks in the Himalaya.It passes through the majestic backdrop of Ganesh Himal, Boudha Himal ranges, Sringi Himal & outstanding Tsum valley. Tsum valley trek brings you to explore the diversified arts, culture & religion along with magnificent deep gorges, hamlets, gompas & chortons. This trek takes you to the different world of your life because of its diversified nature & mesmerizing culture.

Tsum valley trek is the recently opened less beaten trekking route of the Manaslu region. But because of its amazing landscapes & overwhelming natural amalgamation, it is getting popularity all around the world in a short period. Even though the region has difficult terrain, simple accommodation, rough Streep tracks & some altitude challenges demanding numbers of tourist are in increasing way every year. Festivals like Dhacyhang, Losar & Sewa will be the perfect time to get unique culture & tradition in the Tsum valley trek. The delightful Tsum valley trek takes you into the majestic surroundings of Ganesh Himal, Kang Guru, Cheo Himal, Boudha Himal & Himchuli.

If you have already done delightful Tsum valley trek,then we have some best selling for you;

Best Everest base camp trek, Cheap Annapurna base camp trek, Heavenly trek to Upper Mustang, Thrilling Tilicho lake trek,Poonhill Ghorepani trek might be your next favorite travel destination here in Nepal.

Itinerary

Day: 01 Arrive in Kathmandu

After your arrival at Tribhuwan International Airport in Kathmandu, you will be warmly greeted by your guide or our office representative and transferred to the hotel. Then you will have brief orientation or presentation about your respective trek. After all you will go for a stroll down the street to get familiar with the neighborhood, have supper and go to bed. This is your first overnight in the valley of temples, varieties of ethics and their cultures, different test of delicious food and mystery of history ,within circle of green hill probably the most in the world. Overnight at Hotel.

Accommodation: 3-star hotel
Meals: no
Duration: 1 dayDay

Day: 02 Sightseeing in Kathmandu valley

Kathmandu,Bhaktapur and lalitpur are historical and cultural heart of Nepal, encircle by name of kathmandu valley. which are popular destination for tourists, trekkers and other types of adventure seekers. The city is a marvelous amalgamation of Hinduism, Tibetan Buddhism, and Western cultures and influences. These cities have a rich historical, cultural and religious legacy which is reflected in the many temples, monuments, and artifacts that they contain. We will provide you a half-day guided tour of Kathmandu and Bhaktapur cities. In Kathmandu, you will be visiting Pashupatinath, the most famous and revered Hindu shrine in the country; Boudhanath, the largest Buddhist

stupa in Nepal, Soyambhunath, which contains both Buddhist and Hindu shrines and stands as testimony to the religious harmony that exists in the country; and the 15th-century 55-window palace in Bhaktapur. Overnight at Hotel.

Accommodation: 3-star hotel
Meals: Lunch
Duration: 1 dayDay

Day: 03 Kathmandu to Soti Khola drive

Today we drive towards the west and through Pokhara highway move to Dhading along the rural settings and rutted path to Bhuri Gandaki valley and reach Soti khola. Overnight in Soti Khola.Overnight in Soti Khola.

Accommodation: Lodge
Meals: B/L/D
Duration: 7-8 hours Days

Day: 04 Soti Khola to Machha Khola

Today you pass through paddy fields and forested path and from the ridge see the beautiful flowing river, waterfalls walking on the cliffs and down to Gurung village Labu Besi. Then you climb through rocky outcrops and river floor and climbing side ridge and down the riverbanks to enter Machha khola. Overnight in Machha khola village.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 05 Machha Khola to Jagat

Today you continue the river path and cross tharo khola and reach Khorlabesi and up and down paths to Tatopani. Then climbing over the ridge and crossing Budhi Gandaki on a suspension bridge and staircase of the ridge to reach Dobhan and cross the Yarukhola bridge and drop to riverside and climb steps to Tharo Bharyang and crossing the river reach Jagat village. Overnight in Jagat.

Accommodation: Lodge
Meals: B/L/D
Duration: 6-7 hours Days

Day: 06 Jagat to Lokpa

Today you continue the river path and cross tharo khola and reach Khorlabesi and up and down paths to Tatopani. Then climbing over the ridge and crossing Budhi Gandaki on a suspension bridge and staircase of the ridge to reach Dobhan and cross the Yarukhola bridge and drop to riverside and climb steps to Tharo Bharyang and crossing the river reach Jagat village. Overnight in Jagat.

Accommodation: Lodge
Meals: B/L/D
Duration: 6-7 hours Days

Day: 07 Lokpa to Chumling

Today you continue the river path and cross tharo khola and reach Khorlabesi and up and down paths to Tatopani. Then climbing over the ridge and crossing Budhi Gandaki on a suspension bridge and staircase of the ridge to reach Dobhan and cross the Yarukhola bridge and drop to riverside and climb steps to Tharo Bharyang and crossing the river reach Jagat village. Overnight in Jagat.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 08 Chumling to Chhoksang paro

After breakfast early morning we head towards Chhoksang paro which is known as Upper Tsum valley as well. This tiny village has two flat surfaces named by Paro and Chhekam. On this day you will get a chance to take a lifetime picture of Boudha Himal on the south and Himchuli on the south-west. Stay overnight at Chhoksang Paro.

Accommodation: Lodge
Meals: B/L/D
Duration: 4-5 hours Days

Day: 09 Chhosang paro to Nile

As always we start our trek towards the Nile after having breakfast. Nile is the last village situated in Tsum valley trek. We passed through the beautiful settlements in the middle of extensive agriculture land and the holiest Piren Phu cave. We will spend some time visiting the cave.Stay overnight at Nile.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 10 Nile to Mu Ghumpa and back to Nile

After walking 3-4 hours from the Nile we will reach Mu Ghumpa, which is the final destination of our trek. The trails from the Nile to Mu Ghumpa passes through the wide mountains, vistas and numerous chortens. Mu Gumpa is lying on the highest and remote part of the Tsum valley trek. Stay overnight at Nile.

Accommodation: Lodge
Meals: B/L/D
Duration: 6-7 hours Days

Day: 11 Nile to Chhoksang paro

Now, we are starting back to our trek. After walking on the descent path for 5-6 hours we reach Chhoksang paro.On the way, we enjoy the glimpse of the unique shape Punchen Himal. Stay overnight at Chhoksang paro.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 12 Chhoksang paro to Lokpa

After breakfast, early morning we start to descend Lokpa through beautiful Philim village. It passes through several pin and fire forest. Stay overnight at Lokpa.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 13 Lokpa to Jagat

We continue our descend trekking from Lokpa to Jagat by exploring the beautiful Gurung village and culture. After 2-3 hours walking from Lokpa to Jagat, we see beautiful waterfalls, we will take some photos and go ahead. Stay overnight at Jagat.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 14 Jagat to Macchakhola

The trekking trail is easy as we descend towards Machhakhola. It takes around 5-6 hours through the Gurung and Bhramin village. Stay overnight at Machhakhola.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 15 Machhakhola to Kathmandu

This is the last day of our trekking. Early morning after breakfast we start to walk towards Soati Khola around 3 hours. Then our bus for Kathmandu is already ready and our journey begins towards Kathmandu by bus. Stay overnight at Hotel.

Accommodation: 3-star hotel
Meals: B/L
Duration: 7-9 hours Days

Day: 16 Departure day

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. We pray for your Safe journey and will reflect on the wonderful times we spent together. We hope to see you again someday. Namaste!

What are included?

All ground transportation

All accommodations during the trek at hotels, lodges including breakfast.

All meals (B/L/D) during the trek

Government license holder guides

Langtang entry permits fees, trekking permits

Souvenir of the trek

Guides and porters expenses including meals, insurance, salary, lodging, transportation

Porters service

Snack and seasonal fruits

Farewell dinner

Certificate of Completion

Government taxes , VAT, service charges

What are Not included?

International airfares

Nepal entry visa fee

All accommodation and meals in Kathmandu

All personal expenses like shopping, snacks, hot shower, hot and cold drinks, alcohol, telephone call, batteries

Travel insurance

Tips for guides and porters

Additional cost , delays out of Management control

All costs and expenses which are not in the “COST INCLUDES” section.