Langtang and Gosaikunda trek- 10 days

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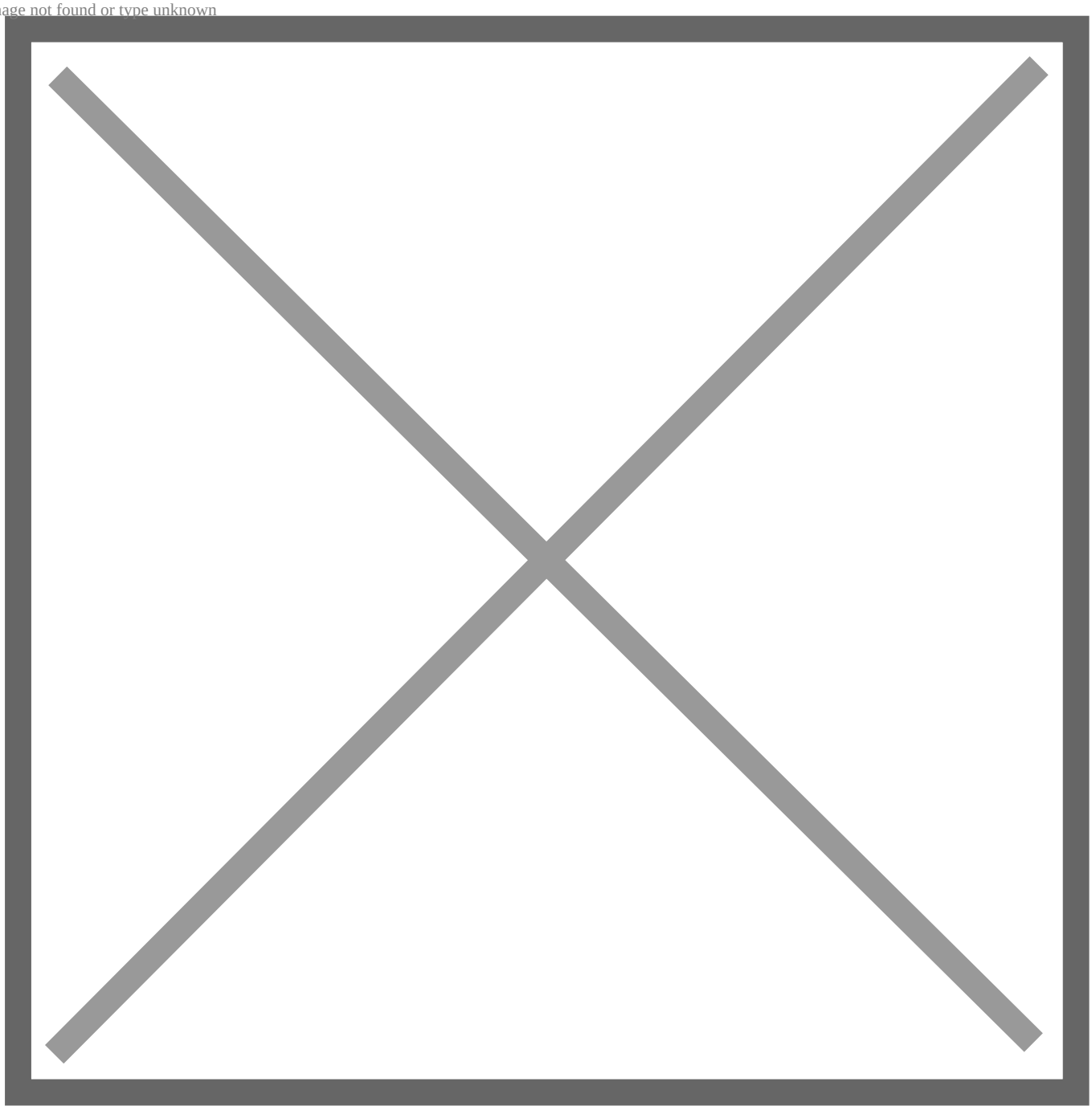

Trip Facts

Cost $ (USD):	Duration:	Elevation:	Per Day Hiking:	Accomodation:	Trip Grade:
725	10 Days	4,600m	5-6 hours	Hotel & Lodge	Moderate

Group Size:

2- 20 max.

Overview

Langtang and Gosaikunda trek is a popular tea house trek to the holy Gosaikunda lake at an altitude of 4380m. This trek also gives the stunning views of Mountain ranges like Langtang Lirung (7234 m), Dorje Lakpa (6966m), Loenpo Gang (6979m), Changbu(6781m) etc.

The whole region of Langtang and Gosaikunda trek has 108 freshwater lakes. High up in the Himalayan lap sits the Gosaikunda lake. Religious belief about this lake was Lord Shiva drank the water from this lake after drinking poison extracted from the ocean. The Trishuli river also originates from where Lord Shiva struck with his trident. During the Janaipurnima festival thousands of people come to visit Gosaikunda lake. There are prominent Bhairav kunda and Suryakunda also in the surrounding.

The trek starts from drive to Dhunche and trekking to Singgompa on afforested path and seeing Cheese factory and climbing up to Gosaikunda lake crossing the lauribina pass and zig zag routes to Tharepati then Kutumsang, Sundarijal and head back to Kathmandu. Best seasons for Langtang and Gosaikunda trek in Nepal are Spring (March to May) and Autumn (September to November).

If you Have already done Langtang and Gosaikunda trek,then we have some best selling for you;

Cheap Annapurna circuit trek, Elegant Everest trek, Delightful Pieky trek, Glorious Manaslu circuit trek,Easy Ghandruk ghorepani trek might be the your next favorite travel destination in Nepal.

Trip Highlight

Perfect Natural,Cultural,Geological and biological amalgamation

Explore those pilgrimages sites of Lantang region including Gosainkunda

Spectacular mountain view of snow capped Himalayan rang

Visit Kynjin Gumpa and one of biggest Cheese factory of Nepal

Itinerary

Day: 01 Arrive in Kathmandu

After your arrival at Tribhuwan International Airport in Kathmandu, you will be warmly greeted by guide or our office representative and transferred to the hotel. Then you will have brief orientation or presentation about your respective trek. After all you will go for a stroll down the street to get familiar with the neighborhood, have supper

and go to bed. This is your first overnight in the valley of temples, varieties of ethics and their cultures, different test of delicious food and mystery of history ,within circle of green hill probably the most in the world. Overnight at Hotel.

Accommodation: 3-star hotel
Meals: B/L/D
Duration: 1 dayDay

Day: 02 Sightseeing around Kathmandu valley

Kathmandu,Bhaktapur and lalitpur are historical and cultural heart of Nepal, encircle by name of kathmandu valley. which are popular destination for tourists, trekkers and other types of adventure seekers. The city is a marvelous amalgamation of Hinduism, Tibetan Buddhism, and Western cultures and influences. These cities have a rich historical, cultural and religious legacy which is reflected in the many temples, monuments, and artifacts that they contain. We will provide you a half-day guided tour of Kathmandu and Bhaktapur cities. In Kathmandu, you will be visiting Pashupatinath, the most famous and revered Hindu shrine in the country; Boudhanath, the largest Buddhist stupa in Nepal, Soyambhunath, which contains both Buddhist and Hindu shrines and stands as testimony to the religious harmony that exists in the country; and the 15th-century 55-window palace in Bhaktapur. stay overnight at Hotel.

Accommodation: 3-star hotel
Meals: Lunch
Duration: 1 dayDay

Day: 03 Drive to Dhunche

Today we pick you up from the hotel and take a private vehicle by road to Dhunche along ring road side, Raniban, Kakani, Ranipauwa and Battar bazaar at Trishuli. Then pass through the check post to arrive at Dhunche. Overnight in Dhunche.

Accommodation: Lodge
Meals: B/L/D
Duration: 6-7 hours Days

Day: 04 Dhunche to Singgompa

Today you walk to ascend Ghatte khola and cross the suspension bridge and walk through pine and oak forest to arrive at Sing Gompa. Overnight in Sing Gompa.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 05 Singgompa to Gosainkunda lake

Today we have to climb up for 1000 meters on a steep path to make way to arrive at the holy Gosaikunda lake. The holy water can eradicate from sin by taking a dip in the waters. Overnight in Gosaikunda.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 06 Gosainkunda to Tharepati (3510m) by crossing Laurebina pass (4600m),- 6 hours

Today you cross the Laurebina Pass (4609m) and trek to Ghopte. Then through zigzag sections you arrive at Tharepati. Overnight in Tharepati.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 07 Tharepati to Kutumsang

Today walking downhill on a forested path and routes from the ridge you arrive at Kutumsang village. Overnight in Kutumsang.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 08 Kutumsang to Chisapani

Today you trek to a beautiful village with breathtaking views at Chisapani on the top of a ridge. Overnight in Chisapani.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day: 09 Trek to Sundarijal (1350m) 3-4 hrs and drive to Kathmandu

Today heading down the path of oak and pine forest we come to the reservoir of water supply in Sundarijal. We say goodbye to trekking staff and drive on a motor-able road to Kathmandu and transfer to a hotel. Overnight in Kathmandu.

Accommodation: 3-star hotel
Meals: B/L/D
Duration: 5-6 hours Days

Day: 10 Departure day

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. We pray for your Safe journey and will reflect on the wonderful times we spent together. We hope to see you again someday. Namaste!

What are included?

All ground transportation

All accommodations during the trek at hotels, lodges including breakfast.

All meals (B/L/D) during the trek

Government license holder guides

Langtang entry permits fees, trekking permits

Souvenir of the trek

Guides and porters expenses including meals, insurance, salary, lodging, transportation

Porters service

Snack and seasonal fruits

Farewell dinner

Certificate of Completion

Government taxes , VAT, service charges

What are Not included?

International airfares

Nepal entry visa fees

All accommodation and meals in Kathmandu

All personal expenses like shopping, snacks, hot shower, hot and cold drinks, alcohol, telephone call, batteries

Travel insurance

Tips for guides and porters

Additional cost on delays out of Management control

All costs not included in “COST INCLUDES” section.