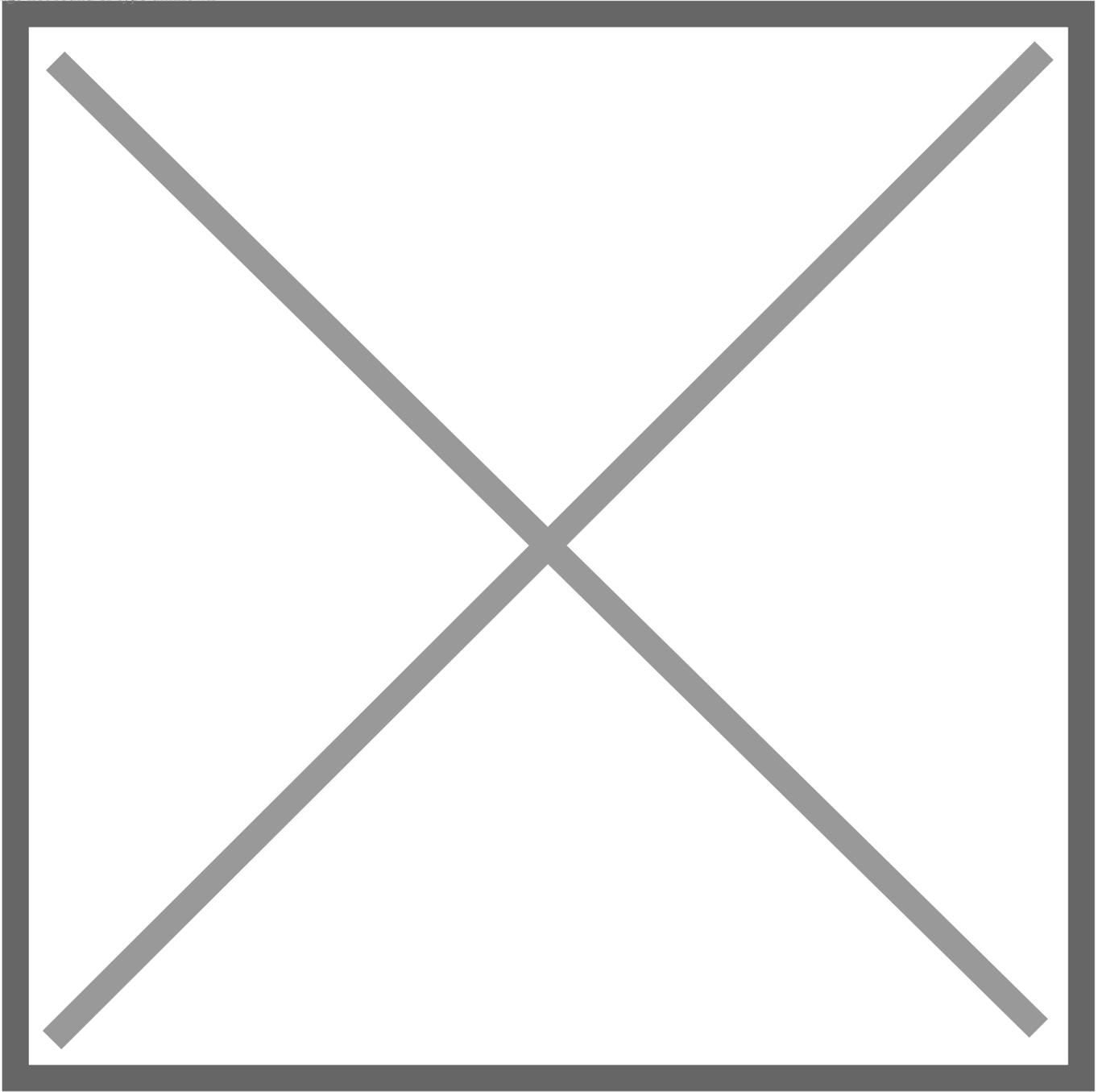


Tibet Lhasa city tour- 10 days

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Trip Facts

Duration:	Elevation:	Accommodation:	Trip Grade:	Group Size:
10 Days	3,950m	Hotel	Easy	2-20 max.

Overview

Tibet Lhasa city tour takes you to the heart of Tibet which is on a flat land surface or plateau. Lhasa is commonly known as the "Land of Lord Buddha". Being the Capital city of Tibet, Lhasa has beautiful landscapes along with Tibetan culture and heritage which makes it a cultural heritage trek. The snowy peaks of Mt. Shishapangma, Lhotse, Everest, Qoyowuyag, Makalu peaks are seen in the periphery of the City. Here the local Tibetan people practice Bon religion. While on this fascinating tour you will go to visit Potala Palace, Jokhang temple, Drepung monastery, Sera Monastery and outside the melting scenery of Karola Glacier, Manak Dam Lake, Yamdrok lake. You can see Buddhism at the core, as you go to see Drepung Monastery, Tashilumpo and Sera Monasteries.

Tibet Lhasa city tour takes you to beautiful cities with plenty of sightseeing while in Shigatse, Gyantse, Karola, Kambala, Barkhor street. The beautiful [Potala Palace](#) for Holy Dalai Lama's winter retreat is a rare sight. Monasteries have Buddhist sculpture carvings and Mandalas. You arrive here with a drive to Kerung along the Pasang Lhamu highway and passing the Nepal China border. Best time to join this tour are in the months of May, June and September, October. Since it is a highland area the air is thinner and some may feel altitude sickness. Winters are extremely cold and it is rainy in monsoon, so it is not advisable.

If you have already done Tibet Lhasa city tour then,we have some best for you;

[Holy Kailash Mansarover tour](#), [Elegant Everest trek](#), [Cheap Annapurana base camp trek](#), [Heavenly trek to upper mustang](#) might be your favorite travel destination in Nepal.

Trip Highlight

Sightseeing around beautiful Lhasa city

Explore Tibetan culture,tradition,lifestyle & food

Spectacular view of Everest,Lhotse,Hishapangma, Qoyowuyag & Makalu

Visit Potala Palace, Jokhang temple, Drepung monastery, Sera Monastery

Itinerary

Day: 01 Arrival in Kathmandu

After your arrival at Tribhuvan International Airport in Kathmandu, you will be warmly greeted by guide or our office representative and transferred to the hotel. Then you will have brief orientation or presentation about your respective trek. After all you will go for a stroll down the street to get familiar with the neighborhood, have supper and go to bed. This is your first overnight in the valley of temples, varieties of ethics and their cultures, different test

of delicious food and mystery of history ,within circle of green hill probably the most in the world. Overnight at Hotel.

Accommodation: 3-star hotel

Meals: No

Duration: 1 dayDay

Day: 02 Drive to kerung, - 8 hours

Today you take drive down through the Pasang Lhamu highway from Kathmandu passing Syabrubesi and continue to drive to Rasuwagadi and Nepal China border and from there you will be picked by our agent from Tibet travel company and drive you to guesthouse in Kerung. Overnight in Kerung.

Accommodation: Lodge

Meals: B/L/D

Duration: 7-8 hours Days

Day: 03 Drive to Tingri

Today from Kerung we continue to drive down to Old Tingri which provides an amazing view of Mt. Everest. Overnight in Tingri.

Accommodation: Lodge

Meals: B/L/D

Day: 04 Drive to Shigatse

Today you drive to Tibetan City in Shigatse. You will go to see Tashilumpo monastery and the largest statue of Jama and Maitri Buddha. Overnight in Shigatse.

Accommodation: Lodge

Meals: B/L/D

Day: 05 Drive to Gyantse

Today you drive down the road to Gyantse. You will see Kumbum stupa, Palkhor monastery, Palcho Gumpa and the largest chorten. Overnight in Gyantse.

Accommodation: Lodge

Meals: B/L/D

Day: 06 Drive to Lhasa

Today you go on a scenic drive to cross Karola, Kambala and see freshwater lake called Yamdrok and snow capped peaks and the river line of Brahmaputra. Overnight in Lhasa city.

Accommodation: Hotel

Meals: B/L/D

Day: 07 Sightseeing of Potala Palace, Jokhang temple, Barkhor Street

Today you will visit the 7th century Palace constructed by the earlier Tibetan King, now a retreat of the Dalai Lama. You will see a meditation cave and statue of Sakyamuni Buddha. You can see the Pilgrims near the temple and again go to see another temple in Barkhor Street. Overnight in Lhasa.

Accommodation: Hotel

Meals: B/L/D

Day: 08 Lhasa tour visit Drepung monastery and Sera Monastery

Today you go to visit Buddhist monastery founded by Jamyang Choge and later see Sera monastery to witness monks praying and three sand Mandalas and vibrant rock painting of Buddha. Overnight in Lhasa.

Accommodation: Hotel

Meals: B/L/D

Day: 09 Lhasa to Kathmandu by Plane

Today you catch an early departure flight from Lhasa airport to land at Kathmandu and the rest of the day is free. Overnight in Kathmandu.

Accommodation: 3-star hotel

Meals: breakfast & dinner

Day: 10 Departure day

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. We pray for your Safe journey and will reflect on the wonderful times we spent together. We hope to see you again someday. Namaste!

What are included?

6 Nights twin sharing rooms at hotel

All land transportation cost

Fuel cost, parking fees.

Experienced English speaking tour guide(language can be on your request)

Tour guides salary and allowances

All government taxes

VISA permits

Insurances

Monument entrance fees and taxes

Bottled mineral water

All breakfast during the tour.

What are Not included?

Accommodations and meals in Kathmandu

Lunch and dinners on the tour

Tips and gratuities to drivers

Chinese VISA fees

Flight Fare from Lhasa to Kathmandu

Any expenses not mentioned in Cost Includes section.