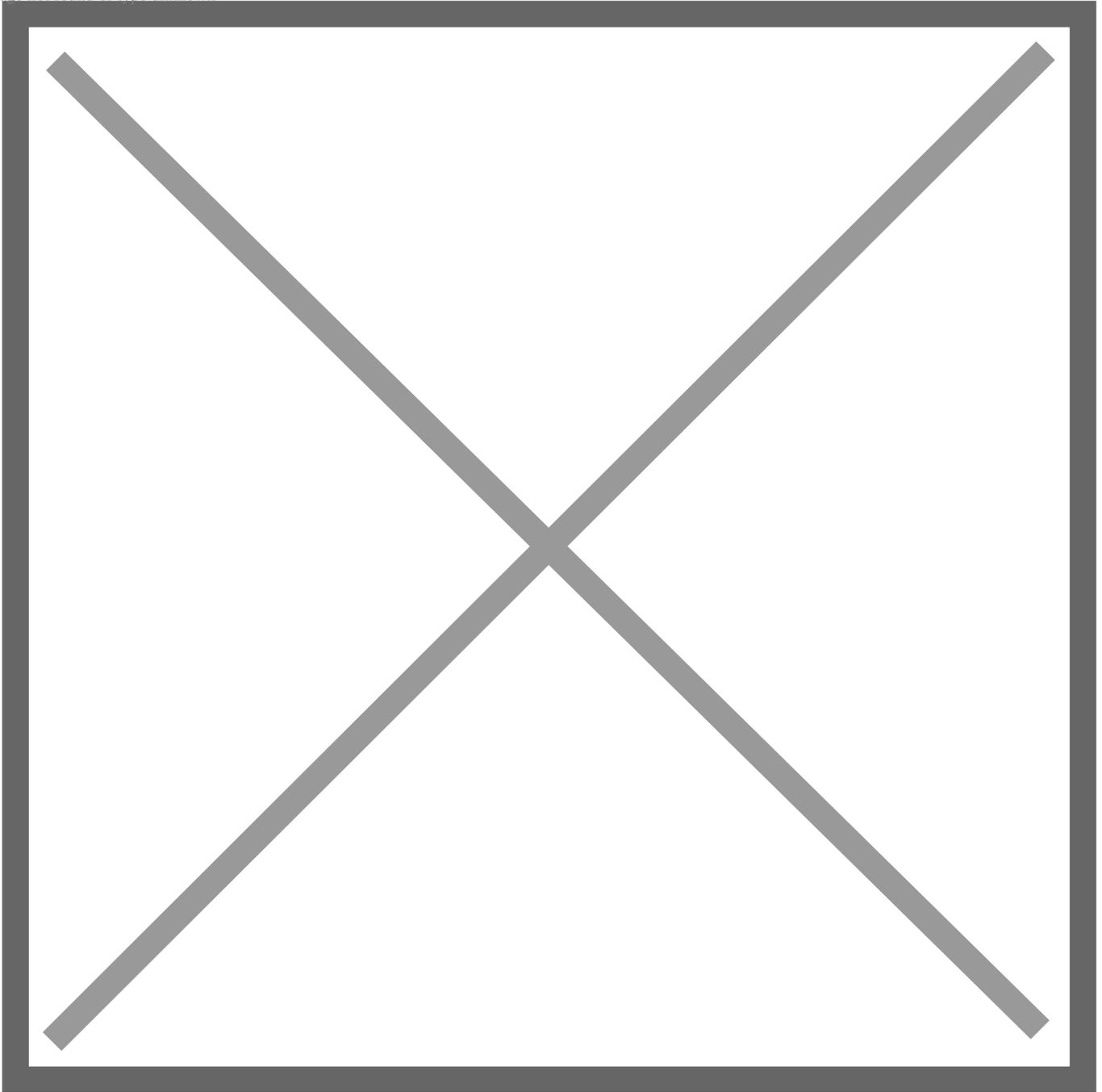


# Kailash Mansarovar yatra- 14 days

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## Trip Facts

<b>Duration:</b>	<b>Elevation:</b>	<b>Accommodation:</b>	<b>Trip Grade:</b>	<b>Group Size:</b>
14 Days	4575m	Hotel & Lodge	Moderate	2-30 max.

## Overview

Kailash Mansarovar yatra is a spiritual tour to the abode of Lord Shiva and Goddess Parvati in the pristine Mount Kailash. It is also significant in Buddhism. According to them, it is the home of Buddha [Demchok](#) and for [Jains](#) it was the place where Rishabadeva attained Nirvana.

Beneath the peak of Mt. Kailash is the most serene water body of Mansarovar lake. It lies 4590 meters above the sea level. It personifies purity and those who drank the fresh water would go to abode of Shiva was the religious belief that people had. For the Bon religion, Tonpa Shenrab visited Tibet for the first time and bathed in this lake. Kailash Mansarovar is a religious yatra for the pilgrims. The beauty of this divine place is immeasurable.

The routes to holy Kailash Mansarovar yatra start from a drive to Syabrubesi and through the path of Kerong and Dongba you arrive at Mansarovar. You will also see the Yama dwar known as "Gates of Lord of Death". During this trek you come across a high pass called Dolma La pass (5539m) then move to Shivasthal and from Darchen and Dongba where Brahmaputra river flows you leave Tibet and drive from Rasuwagadi to Kathmandu.

Kailash Mansarovar yatra provides the views of both Nepal and Tibet and the cultures including Hinduism, Buddhism, Bon and Jainism. There are many devotees coming to Nepal from neighbouring Countries like India, Bangladesh to embark on the holy Kailash Mansarovar yatra in Nepal. Best time for visiting are the months from April to June and September to October.

**If you have already done holy Kailash Mansarovar yatra then, we have similar for you;**

[Buddhist pilgrimage tour](#), [Pleasant tour in Kathmandu valley](#), [Easy Kalichowk tour](#), [Mukthinath Pilgrimage tour](#), [Sacred Gosainkunda lake tour](#) might be your next favorite travel destination in Nepal.

## Trip Highlight

Visit around pristine Mount Kailash

Explore Tibetan culture, lifestyle, tradition & food

Take holy bath in Mansorvar lake

Outstanding view from Dolma la pass (5539M)

## Itinerary

**Day: 01** Arrival in Kathmandu ( 1345m )

After your arrival at Tribhuvan International Airport in Kathmandu, you will be warmly greeted by guide or our office representative and transferred to the hotel. Then you will have brief orientation or presentation about your respective trek. After all you will go for a stroll down the street to get familiar with the neighborhood, have supper and go to bed. This is your first overnight in the valley of temples, varieties of ethics and their cultures, different tastes of delicious food and mystery of history, within circle of green hills probably the most in the world.

**Accommodation:** 3-star hotel

**Meals:** No

**Duration:** 1 day

**Day: 02** Sightseeing around Kathmandu valley

Kathmandu, Bhaktapur and Lalitpur are historical and cultural heart of Nepal, in circle by name of Kathmandu valley, which are popular destination for tourists, trekkers and other types of adventure seekers. The city is a marvelous amalgamation of Hinduism, Tibetan Buddhism, and Western cultures and influences. These cities have a rich historical, cultural and religious legacy which is reflected in the many temples, monuments, and artifacts that they contain. We will provide you a half-day guided tour of Kathmandu and Bhaktapur cities. In Kathmandu, you will be visiting Pashupatinath, the most famous and revered Hindu shrine in the country; Boudhanath, the largest Buddhist stupa in Nepal, Soyambhunath, which contains both Buddhist and Hindu shrines and stands as testimony to the religious harmony that exists in the country; and the 15th-century 55-window palace in Bhaktapur. stay overnight at Hotel.

**Accommodation:** 3-star hotel

**Meals:** Lunch

**Duration:** 1 day

**Day: 03** Drive to Syabrubesi ( 2380m )- 7 hours

Today we will pick you up from the hotel and take you on a drive down the road on a private vehicle to Syabrubesi. Overnight in Syabrubesi.

**Accommodation:** Lodge

**Meals:** L/D

**Duration:** 6-7 hours

**Day: 04** Drive to Kerong through Rasuwagadi - 6 hours

Today we continue to drive to Rasuwagadi on the border side and board the Chinese bus to drive to Kerong. Rest of the day is free time at Kerong. Overnight in Kerong.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 5-6 hours Days

**Day: 05 Acclimatization at Kerong**

Today is a free day to explore Tibet and see the air and temperature which is normally thin at an altitude. You must get enough rest and sleep and may choose to stay indoors. Overnight in Kerong.

**Accommodation:** Lodge

**Meals:** B/L/D

**Day: 06 Kerong to Saba to Dongba,- 7 hours**

Today you drive through mountain terrains and see panoramic views of blue lake, Brahmaputra river and enter the beautiful town of Saga. The place is so calm and scenic then from here you drive to Dongba. Overnight in Dongba.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 6-7 hours Days

**Day: 07 Drive to Lake Manasarovar, - 7 hours**

Today we drive to the Mayumla pass and arrived in Prayang country to get the first true glimpse of Mt. Kailash rising above majestically and below it the heavenly fresh water of Holy Mansarovar lake. We also visit Chiu Gompa, and do the Sarovar Parikrama and spend rest of the time at the shore of Manasarovar lake. Overnight in the Guesthouse.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 6-7 hours Days

**Day: 08 Lake Manasarover to Darchen ,- 2 hours**

Today we will make arrangements to take a dip at the Holy Manasarovar lake you can also do the puja ritual and after that we drive to base of Mt. Kailash and get off near Rakshas tal and the stop point at Darchen. Overnight in Darchen.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 2-3 hours Days

**Day: 09 Yam Dwar Parikrama and trek to Derapukh , - 7 hours**

Today is the main day of your trek. You assemble near Yam dwar and with the help of Tibetan guide and with the help of horse and yak porters and gradually ascend to walk along the riverside and reach Derapukh in five hours. This is a much cooler area and we check in at lodge and have a light dinner. Overnight in Derapukh.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 6-7 hours Days

**Day: 10** Cross Dolma La pass to Zuthulphuk , -10 hours

Today the trek is a steep climb up to Dolma La high pass and at the top we go to Shivasthal then coming to this pious spot we trek down on a tough descent on foot with the help of a guide to arrive at Zuthulphuk. Overnight in Zuthulphuk.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 9-10 hours Days

**Day: 11** Trek to Darchen , -4hours and drive to Dongba, - 6 hours

Today in three to four hours we reach the base camp and drive the roadway to take to Darchen. After lunch at guesthouse, we will drive you to Dongba. Overnight in Dongba.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 9-10 hours Days

**Day: 12** Drive to Kerong, - 8 hours

Today through Saga and crossing Brahmaputra River with backdrops of Shishapangma and Piekotse Lake arrive at Keyring. Overnight in Kerong.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 7-8 hours Days

**Day: 13** Drive to Kathmandu, - 9 hours

Today you drive to Rasuwagadhi from Keyring and with a special permit from Nepalese Immigration Control we drive you to Kathmandu. Overnight in Kathmandu.

**Accommodation:** 3-star hotel

**Meals:** B/L/D

**Duration:** 8-9 hours Days

**Day: 14** Departure day

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. We pray for your Safe journey and will reflect on the wonderful times we spent together. We hope to see you again someday. Namaste!

## **What are included?**

All necessary Tibet entry permit paperwork for Kailash Mansarovar trek

Tibet group Visa for Kailash Mansarovar Trek

Chinese Visa for Kailash Trek

Tibetan guide from China Tibet Tourism Board(CTTB)

A trip leader for every group, maximum group size of 45

Sherpa support staff

Accommodations in Kathmandu – 03 Nights on twin / double sharing, Syabrubesi -1 night, Keyrong-3 night, Dongba guest house 2 nights, Mansarovar 1 night guest house, Darchen 1 night, Diraphuk 1 night, Zuthulphuk 1 night

All land Transportation including pick ups and drop offs

All meals during the trip (tasting of meals

Complimentary brand new duffel bag and day pack

Complimentary brand new down jacket

All camping equipment ( dining tent, kitchen tent, kitchen utensils, table, chairs, toilet tent etc.)

## **What are Not included?**

Group Service tax 5%

Nepal entry visa fee for NRIs or Foreign Nationals

Horse / Porter during the Parikrama

Personal expenses

Bottled drink

Travel Insurance, Emergency Rescue & Evacuation

Tour leader, Tibetan guide, Sherpa staff & Drivers salary

Extra night accommodation in Kathmandu due to early arrival from Kailash

Any additional cost risen out of unforeseen circumstances.