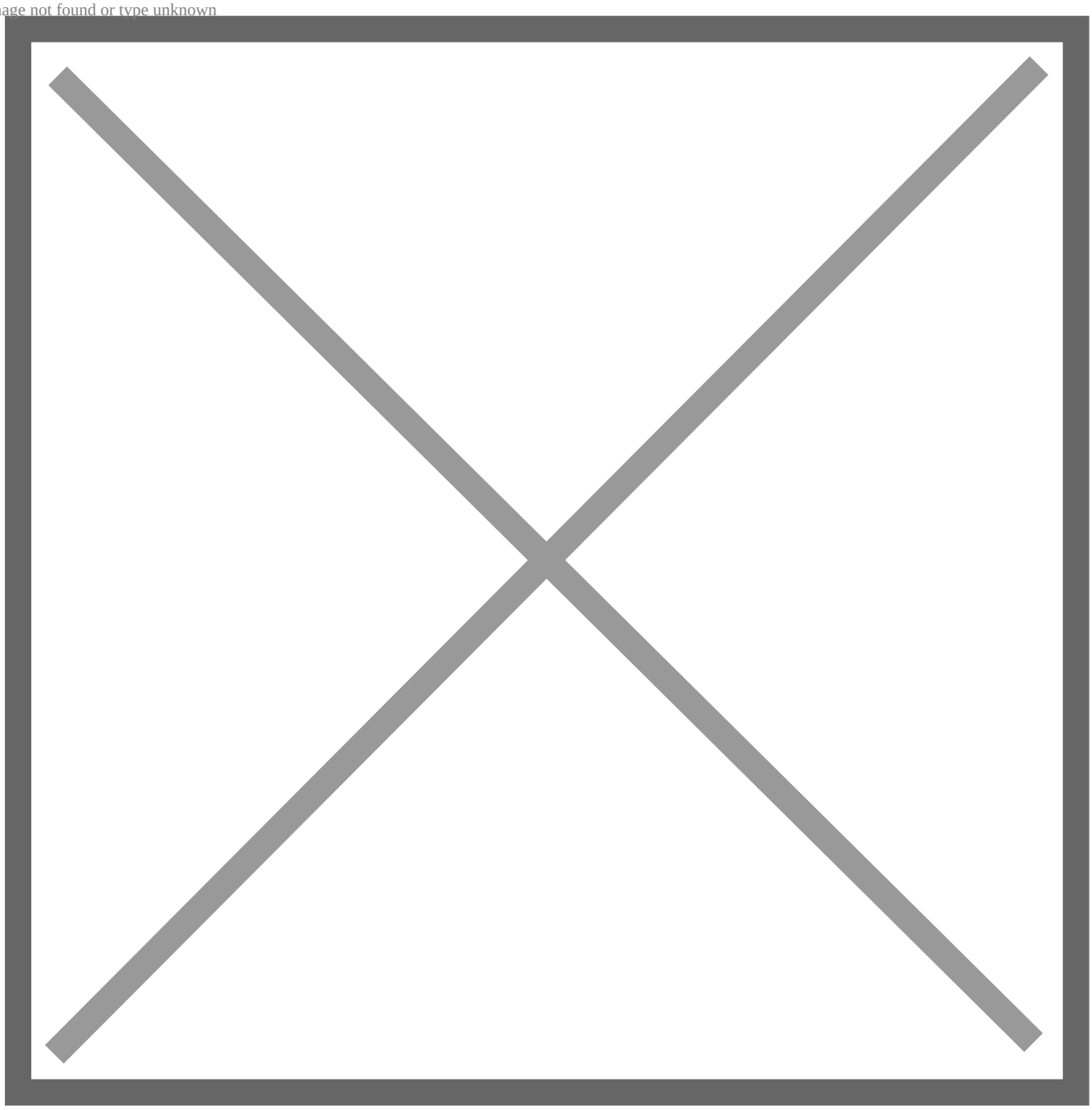
Tilicho lake trek- 13 days

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Trip Facts

Cost $ (USD):	Duration:	Elevation:	Per Day Hiking:	Accomodation:	Trip Grade:
1050	13 Days	5,315m	5-6 hours	Hotel & Guest house	Hard

Group Size:

2-20 max

Overview

Tilicho Lake trek is the highest glacier lake in the Annapurna region of Nepal. The lake is actually formed after glaciers melted on the Northern part of Annapurna mountains. Around the lake there are other water bodies such as Tilicho, Nilgiri, Khangsar and Muktinath.

Tilicho lake trek takes you to a remote valley of the Manang region. The land surface passes along the countryside through alpine forest and cliffs to an arid zone with fewer settlements of Tamangs and gurungs villages,. Barley and buckwheat farm lands and winds down to Tilicho base camp. Then a few hours of hike leads to the spectacular and heavenly tilicho lake with turquoise blue water nestled in the snowy mountain peaks.

The challenging Tilicho lake trek allows some walking to cross the high passes Mesokanto Pass (5,315m) in the Annapurna region. Then you follow the path towards jomsom.But the landscapes are quite magical to the heavenly lake. You will see lush green hills, wide meadows and traditional villages. While entering you follow the path along the banks of Marsyangdi river leading to Tal, Dharapani, Chame, Pisang and arrive Manang. At Kagbeni in a rural setting one can visit effigies made from clay. You will also see Apple farm and Agro Manang beyond Khangsar.

If you have already done Tilicho lake trek,then we have some best selling trips for you;

Best Everest base camp trek, New Mardi Himal trek, Cheap Annapurna base camp trek, Incredible EBc Cho La pass trek, Glorious Manaslu circuit trek might be your next favorite travel destination in Nepal.

Trip Highlight

Adventurous trek toward world highest lake

Breathtaking view of Annapurna I, Mt. Manasalu & Dhaulagiri

Observe Manang valley as well as ancients Buddhist monasteries

Explore ethnic Tibetan culture in this region

Itinerary

Day 01 Arrival in Kathmandu

After your arrival at Tribhuwan International Airport in Kathmandu, you will be warmly greeted by guide or our office representative and transferred to the hotel. Then you will have brief orientation or presentation about your respective trek. After all you will go for a stroll down the street to get familiar with the neighborhood, have supper

and go to bed. This is your first overnight in the valley of temples, varities of ethics and their cultures, differents test of delicious food and mystery of history ,within circle of green hill probably the most in the world.

Accommodation: 3- Star hotel
Meals: No
Duration: 1 dayDay

Day 02 Kathmandu to Dharapani

Kathmandu to Besisahar to Dharapani Drive by private Car/Bus/Jeep The bus drive along the highway leading to ancient district Lamjung headquarter Besisahar is black tarred while the road to Dharapani from Besisahar is bumpy graveled road with spectacular scenery.stay overnight at camp.

Accommodation: Lodge
Meals: B/L/D
Duration: 9-10 hours Days

Day 03 Dharapani to Chame

After climb through forests of pine and oak as we pass through Danaque (2,210m). Soon, there comes a small wooden bridge that will take us on a steeply ascending path up to Timang which lies at the bottom of Lamjung Himal. The trail goes then on a flat level until we reach Chame, where we can find government offices, shops, and hotels. Chame is the administrative headquarters for the Manang district. Stay overnigth at Dharapani.

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day 04 Chame to Pisang

With sparkling view of Lamjung Himal (6,893m) in the morning sun, we set off for Pisang. we continue through a fir and pine forest, climbing to a high, rocky area as the opposite bank becomes an impassable cliff. From this point, the valley becomes extremely steep-sided as we follow the path to Bhratang (2,950m). In the end of pine forest, the valley changes from a V-shape to a gentle U-shape, opening up a wonderful vista before us. Then we can see the east peak of Annapurna II as well as Pisang Peak (6,091m) to the north-east. finalley, we will come to a long Mani wall by a bridge and the lower village of Pisang. Stay overnight at Pisang .

Accommodation: Lodge
Meals: B/L/D
Duration: 5-6 hours Days

Day 05 Pisang to Manang

Beyond Pisang, the trail climbs a steep ridge that affords good views of the Manang valley and Tilicho peak (7,145m). In the way,we reach Hungde (3,320m), from where the north-east face of Annapurna III rises majestically above

you. From the wide plains of the Sabje Khola Valley, Annapurna IV (7,525m) also becomes visible. After just cross the considerably reduced flow of the Marshyangdi Khola via a wooden bridge to the tiny village of Mungji. After a short steep climb, you reach Manang which is a surprisingly large village for this remote mountain region. Stay overnight at Manang.

Accommodation: Lodge
Meals: B/L/B
Duration: 6-7 hours Days

Day 06 Acclimatization day in Manang (Optional hike to Gangapurna lake or Melaripa cave)

We will hang around for one more day in Manang for acclimatization by observing beautiful views of green landscapes, silvery mountains, Chortens, and Monasteries as well as if you want to hike we will visit Gangapurna lake or Melaripa cave. We can also explore the unique culture and lifestyles of local people. We bunk out overnight at Manang.

Accommodation: Lodge
Meals: B/L/D
Duration: 1 dayDay

Day 07 Manang to Khangshar village

Trek to Khangsar Village (3,700 m) – 4 hrs After acclimatizing at Manang we continue our adventure towards the Tilicho Lake, situated on the west end of Manang following the path down to the river. After crossing the Khangsar Khola, we reach Khangsar and head towards the village region, till this place we can get a chance to see traditional Tibetan culture and known as the Last Village of Nepal. stay Overnight at Khangsar.

Accommodation: Lodge
Meals: B/L/D
Duration: 4-5 hours Days

Day 08 Khangsar to Tilicho lake

Trek from Khangsar to Tilicho Lake and it takes about six hours. This day you trek gradual up until you reach destination. The path is quite covered by small crystals and shrubs can be seen on both sides. Somewhere in trekking you cross few streams. Tilicho Lake is situated at the highes. From here you can enjoy the closer and panoramic views of Tilicho Mountain and many others.stay overnight at camp.

Accommodation: Tent
Meals: B/L/D
Duration: 6-7 hours Days

Day 09 Tilicho Lake to Mesokanto Pass (5,315m)

Trek from Tilicho Lake to Mesokanto Pass (5315m.) and it takes about seven hours. The path is full of ups and down

until you reach Mesokanto Pass. The trail is quite narrow and you trek over icy path. The panoramic views of Annapurna range, Tilicho, Dhaulagiri along with more than ten mountains completely mesmerize you.stay overnight at camp.

Accommodation: Tent
Meals: B/L/D
Duration: 6-7 hours Days

Day 10 Mesokanto Pass to Jomsom (2,741m) via Thimi (2,760m)

Trek from Mesokanto Pass to Jomsom (2,741m.) via Thimi (2760 m.) which takes about six hours. From Mesokanto Pass, the trail goes steep down to Jomsom. This day you trek through pine forest. Before you reach Jomsom, you cross Thimi inhabited by mostly Buddhists. There are not tea houses available Tilicho Lake to Jomsom. stay overnight at camp.

Accommodation: Lodge
Meals: B/L/D
Duration: 6-7 hours Days

Day 11 Jomsom to Pokhara

This takes about 35 minutes and stays overnight at hotel in Pokhara. Mostely flights are available during the morning time. The strong breeze blows during the after and frequent change of the weather prevents the flight from being landed and taken off in the afternoon. During the flights in the morning, we will able to enjoy the splendid views of different mountain peaks. Stay overnight hotel inclusive breakfast.

Accommodation: Hotel
Meals: B/L/D
Duration: 30 min. Days

Day 12 drive to Kathmandu

In the way to drive from Pokhara to Kathmandu, we head up to Damauli, Dumre, Mugling and Kurintar where Nepal's first Cable car is operated to reach Manakamana Temple, in this temple most of Nepalese come to have their wishes granted before leaving home or getting married. From Naubise we climb up to Thankot, the gateway to Kathmandu and finally reach our hotel & a lovely soft warm bed.

Accommodation: 3- star Hotel
Meals: B/L
Duration: 7-8 hours Days

Day 13 Departure day

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. We pray for your Safe journey and will

reflect on the wonderful times we spent together. We hope to see you again someday. Namaste!

What are included?

All ground transportation

Flight from Jomsom to Poakhara

All accommodations during the trek at hotels, lodges including breakfast.

All meals (B/L/D) during the trek

Government license holder guides

Langtang entry permits fees, trekking permits

Souvenir of the trek

Guides and porters expenses including meals, insurance, salary, lodging, transportation

Porters service

Snack and seasonal fruits

Farewell dinner

Certificate of Completion

Government taxes , VAT, service charges

What are Not included?

International airfares

Nepal entry visa fee

All accommodation and meals in Kathmandu

All personal expenses like shopping, snacks, hot shower, hot and cold drinks, alcohol, telephone call, batteries

Travel insurance

Tips for guides and porters

Additional cost , delays out of Management control

All costs and expenses which are not in the “COST INCLUDES” section.