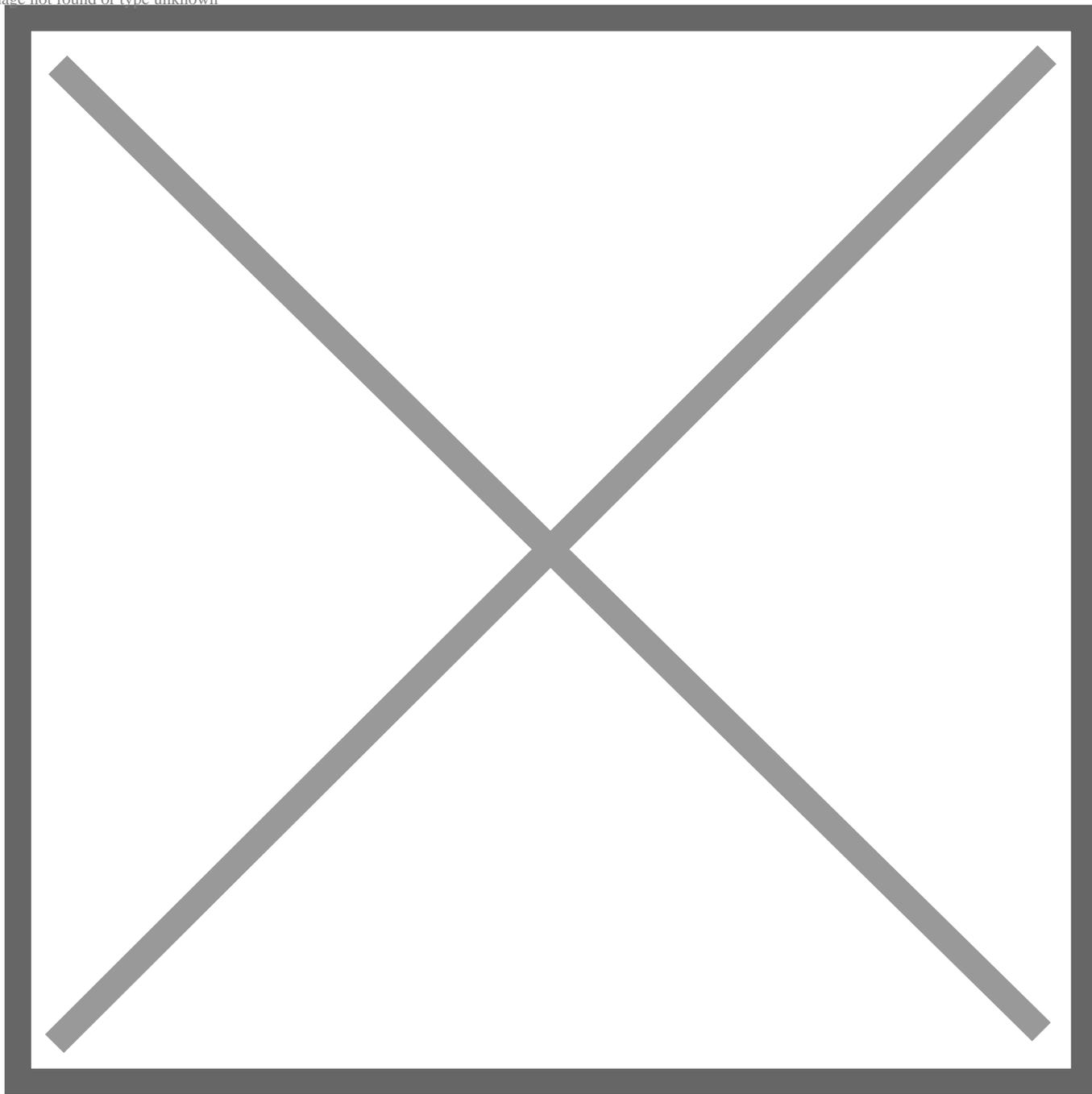


# Annapurna Circuit Trek- 13 days

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## Trip Facts

<b>Cost \$ (USD):</b>	<b>Duration:</b>	<b>Elevation:</b>	<b>Per Day Hiking:</b>	<b>Accomodation:</b>	<b>Trip Grade:</b>
1095	13 Days	5,416m	5-6 hours	Hotel & Lodge	Medium
	<b>Group Size:</b>				
	2-20 max.				

## Overview

Annapurna circuit trek is a round about trek to the Annapurna Mountain region that takes you on a scenic tour of geographically and culturally diverse topographies that unfolds towards the isolated hamlets , zigzag roads, villages, rhododendron forest to a high pass called [Thorong La pass](#).

Annapurna circuit trek brings you to remote lands of Manang region, unfolding the spectacular display of arrays of mountains such as Mount Annapurna<sup>2,4</sup>, Machhapuchhre, Dhaulagiri mountain, Lamjung himal, Pisang peak and heads towards the deepest gorge of the World called Kali Gandaki gorge.

Throughout the Annapurna circuit trek you have to cross some suspension bridges above the flowing rivers and pass by paddy fields, waterfall region, forest paths and unwind to narrow steep valleys and Tamang villages where you can see the lovely apple orchards before climbing up to the Yak Kharka.

The next phase of Annapurna circuit trek is walking above the meadows and pastures and reaching a high pass up above the ridge. The trail leads to the holy pilgrimage spot of Hindus and Buddhist devotees at Muktinath temple. There are 108 water spouts that provide running waters.

The altitude of the Annapurna Circuit trek route varies from 800 meters to 5416 meters. Trekking is moderately difficult but it is rewarding to the remote valleys which see yak and mule herds in the untouched region of Nepal. It encapsulates natural wonders with cultural richness and religious inclinations all in one roof for the trekkers. One cannot escape from the glory of amethyst terrain, monasteries, temples, gumpas, colorful prayer flags, chortens and we look to give complete satisfaction to our customers while they embark on the classical route of Annapurna Circuit trek in Nepal.

**If you have already done Annapurna circuit trek, then we have similar best selling trip for you;**

[Best Everest base camp trek](#), [Glorious Manaslu circuit trek](#), [Amazing Lagtang valley trek](#), [Ebc Cho la pass trek](#), [Ghorepani ghandruk trek](#) might be your next favorite travel destination of Nepal.

## Trip Highlight

Mind-blowing natural and cultural diversity of Annapurna region

Explore holiest Hindus as well as Buddhist Mukathinath temple

Trek along the world deepest Kaligandaki river Georg

# Itinerary

## Day: 01 arrive in ktm

After your arrival at Tribhuvan International Airport in Kathmandu, you will be warmly greeted by guide or our office representative and transferred to the hotel. Then you will have brief orientation or presentation about your respective trek. After all you will go for a stroll down the street to get familiar with the neighborhood, have supper and go to bed. This is your first overnight in the valley of temples, varieties of ethics and their cultures, different test of delicious food and mystery of history ,within circle of green hill probably the most in the world.Overnight at Hotel.

**Accommodation:** 3-star hotel

**Meals:** No

**Duration:** 1 dayDay

## Day: 02 Kathmandu to Dharapani

Today we drive to Dharapani from Kathmandu through Beshishar . It will be excited journey with mountain views and many beautiful hills alongside rivers. Beshishar is another city if you forget some of your trekking equipment & gears. Overnight at Dharapani.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 5-6 hours Days

## Day: 03 Dharapani to Chame

Today we first trek to Bagarchhap village which has maize fields and an apple orchard. Then from there you ascend Tyanja following the forested path to a river and up-to headquarter zone at Chame. You can see Annapurna 2 mountain peaks very near from here. Overnight in Chame.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 4-5 hours Days

## Day: 04 Chame to pisang

Passing through a forested path to a rock face brings you to a steep side of the valley. We continue walking to Pisang seeing the backdrops of Paungda danda. Overnight in Pisang.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 4-5 hours Days

## Day: 05 Pisang to Manang

Today walking to the dry parts of yak herdings and alternately along Marsyangdi river we arrive at hidden enclosure of Bryanga 3475m and then arrive at Manang. Overnight in Manang.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 4-5 hours Days

**Day: 06 Acclimatization at Manang**

Today we hike shortly above to get a view of Manang valley. It provides alluring views of Pisang peak, Chulu range, Gangapurna, Tilicho peak, Kangaru peak, Thorong peak. Flora and fauna of lower valley to barren upper plateau. It is the homeland of Manangey people. Overnight in Manang.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 1 dayDay

**Day: 07 Manang to Yak kharka**

Today crossing stream and climbing upto Tenki we follow Jarsang river valley and reach Yak Kharka in a sparse settlement. Overnight in Yak Kharka.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 3-4 hours Days

**Day: 08 Yak kharaka to Throng Phedi**

We walk across the river and cross the suspension bridge to reach Ledar village. Then we take a path of rocks to reach the foot of the mountain at Thorong phedi. Peaks like Gundang, Thorong peak, Syagang, Khantunkhan can be seen from here. Overnight in Thorong phedi.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 4-5 hours Days

**Day: 09 Throng Phedi to Cross Throng la pass ( 5416m ) to Mukthinath**

Today we cross the highest pass of the region from east to the west it is a challenging part you will ascend for four hours to reach the pass with chortens and prayer flags and from the top Annapurna range such as Mt.Annapurna, Nilgiri and Dhaulagiri can be seen clearly. Then from the other side we come down to Muktinath temple. Overnight at a guest house in Muktinath.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 7-8 hours Days

**Day: 10** Mukthinath to Jomsom

Today we explore near Mukthinath temple. This temple is the incarnation of Lord Vishnu. It has 108 water spouts and close by is Jwala mai temple. Then we head to Jomsom which is known for apple produce. Overnight in Jomsom.

**Accommodation:** Lodge

**Meals:** B/L/D

**Duration:** 4-5 hours Days

**Day: 11** Jomsom to Pokhara, by bus

Today we catch a morning flight as early as possible to Pokhara. We explore Pokhara the rest of the day by boating at Phewa Lake, Davi's fall, Gupteshwar Mahadev cave. Overnight in Pokhara.

**Accommodation:** Hotel

**Meals:** Breakfast

**Duration:** 30 min. Days

**Day: 12** Drive to Kathmandu,- 8 hours

In the way to drive from Pokhara to Kathmandu, we head up to Damauli, Dumre, Mugling and Kurintar where Nepal's first Cable car is operated to reach Manakamana Temple, in this temple most of Nepalese come to have their wishes granted before leaving home or getting married. From Naubise we climb up to Thankot, the gateway to Kathmandu and finally reach our hotel & a lovely soft warm bed. Overnight at Hotel.

**Accommodation:** 3-star hotel

**Meals:** Lunch

**Duration:** 7-8 hours Days

**Day: 13** Departure day

After breakfast and our last day in Kathmandu, our vehicle and escorts will be on standby to drop you to the international airport three hours before our scheduled flight back home. We pray for your Safe journey and will reflect on the wonderful times we spent together. We hope to see you again someday. Namaste!

## What are included?

All ground transportation

Bus transportation from Jomsom to Pokhara and Pokhara to Kathmandu

All accommodations during the trek at hotels, lodges including breakfast.

All meals (B/L/D) during the trek

Government license holder guides

Entry permits fees, trekking permits

Souvenir of the trek

Guides and porters expenses including meals, insurance, salary, lodging, transportation

Porters service

Snack and seasonal fruits

Farewell dinner

Certificate of Completion

Government taxes , VAT, service charges

## **What are Not included?**

International airfares

Nepal entry visa fees

All accommodation and meals in Kathmandu

All perso

nal expenses like shopping, snacks, hot shower, hot and cold drinks, alcohol, Wi-Fi, telephone call, batteries

Travel insurance

Tips for guides and porters

Additional cost , delays out of Management control

All costs and expenses are not included in the "COST INCLUDES" section.